

Heart To Heart

Newsletter Of Sacred Heart School Mount Druitt South

Term 2 - Week 8

SAFE

RESPECTFUL

RESPONSIBLE

17 June 2020

Dear Parents & Students,

Mrs Bernadette Quigley

It is with regret that I inform you Mrs Bernadette Quigley has left the Sacred Heart Community. Mrs Quigley had taught Personal Development and Health (PDH) and been a casual teacher in all grades since 2018. Mrs Quigley will take up a teaching role at Caroline Chisholm College in Glenmore Park. I know you join me in thanking Mrs Quigley for her dedication to the Sacred Heart community and wishing her the best in her new role. Mrs Leah Zlomisic, who the children know very well, will be teaching PDH in addition to her role of Visual Arts and Drama teacher.

Semester 1 Reports

Semester 1 Reports will go home on Tuesday, 30th June. The Semester 1 Report will be different from previous years. Catholic Education Diocese of Parramatta (CEDP) have given schools permission to change the format of the report due to the remote learning arrangements brought on by COVID-19. The report will not be an A - E report, however, the learning report is still designed to provide accurate information about your child's learning.

The report will be accompanied by a letter from Mr Greg Whitby, the Executive Director of CEDP, to explain the changes. In the letter Mr Whitby writes that the school will report on Religious Education, English and Mathematics only. Our report will reflect each child's learning in all 7 Key Learning Areas as well as their progress in Social Development, Work Habits and Remote Learning. On your behalf I thank the teachers for developing such a comprehensive report.

Parent/teacher conferences around the Semester 1 Report are optional. If you wish to have a parent/teacher conference please contact the office. Conferences will need to be conducted keeping to social distancing protocols.

COVID - 19 Precautions

Please note the following precautions will remain in place until the end of the term

- No PBS4L Monday morning assembly.
- No Friday afternoon merit award assembly.
- Parents are not permitted past the playground entry gate when dropping off children.

- Afternoon dismissal from 2.50pm. Entry via Nelson Street exit via bus gate.
- No excursions
- No attendance at sporting events.
- No school liturgies
- Parent meetings/interviews, if required, will be conducted keeping to social distance protocols.
- Only 4 adults are permitted in the office foyer at any one time.
- No birthday cupcakes or birthday food to be shared.

Family Reflection

Heavenly Father, open our hearts to the silent presence of the spirit of your Son. Lead us into that mysterious silence where your love is revealed to all who call.

Amen.

God Bless

Mr. Glenn Patchell
Principal



Feast of the Sacred Heart

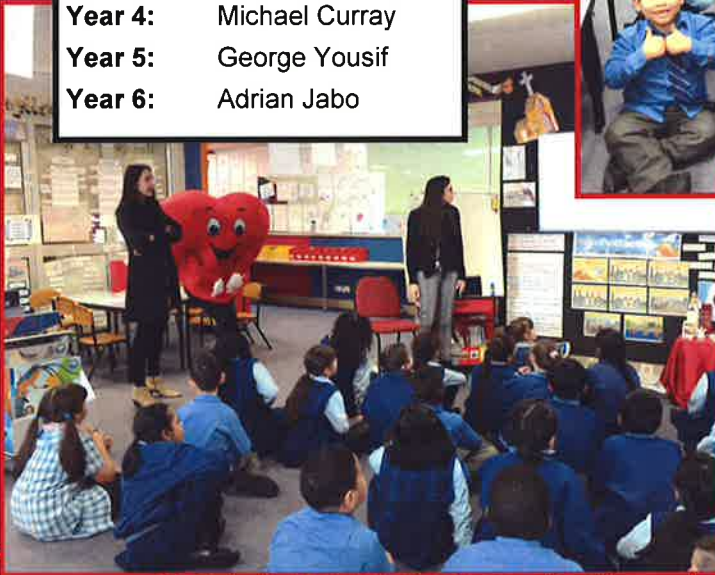
Friday, 19th of June is the Feast of the Sacred Heart. Our School recognition of our Feast Day will be postponed until COVID-19 restrictions are lifted and we can gather for a liturgy and a community celebration.



HEARTLY VISITS INFANTS' CLASSROOMS

PBS4L Awards Term 2, Week 7

- Kindy: Ashima Singh
- Year 1: Isabella Antoun
- Year 2: Harman Gill
- Year 3: Lisa Kako
- Year 4: Michael Curry
- Year 5: George Yousif
- Year 6: Adrian Jabo

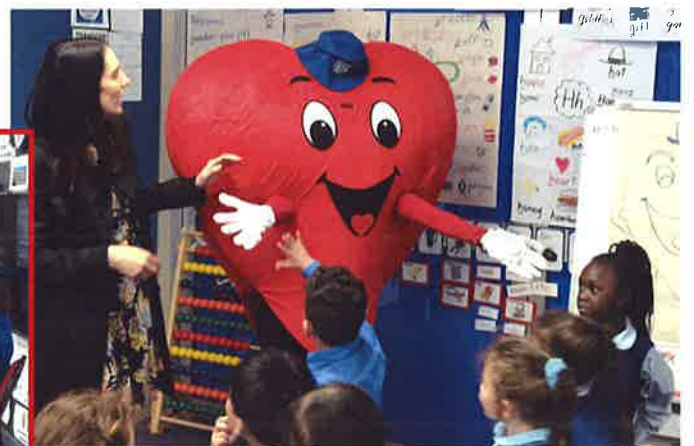


PBS4L FOCUS Term 2, Week 8

"Asking for help when needed"

PBS4L FOCUS Term 2, Week 9

"Keeping all areas tidy and clean"



THIS WEEK IN YEAR 6 ...

Year 6 Geometric Reasoning Task- Numeracy

This week Year 6 has been completing hands on 2 dimensional shapes activities. Students are developing their visualisation skills to manipulate 2D shapes on geoboards and then construct a variety of polygons using geo sticks to discuss and identify the properties of 2D shapes.

Year 6 Science - Energise Me!

This term Year 6 is looking at the concept of Energy Transformations. So far we have been learning about energy sources and how energy can move from one source to another. This week we are focusing on electrical circuits and Rube Goldberg machines.





Friday, 5.6.2020

- Kindy:** Emmanuel Kako, Meera Naicker, Aarvan Perajeev, John Reden Jnr.
- Year 1:** Ajou Agou, Jonathan Bechara, Michael Geagea, Angela Wol,
- Year 2:** Abuk Ater, Renae Miller, Elyse Santos, Katarina Yousif
- Year 3:** Amaya Buenaventura, Michael Pese, Levin Magcalayo, Alam Tuil
- Year 4:** Sasa Koji, Tacy Manakofua, Nikwest McKenzie, Peter Yousif
- Year 5:** Jencarlo Maniebo, Eizel Merjudio, Chantelle Pese, Justin Tolentino
- Year 6:** Emily Ahad, Janmor Oca, Audrey Paranis, Deng Wol

Friday, 12.6.2020

- Kindy:** Annabella Kako, David Khalil, Chidalu Michael, Hanz Sanchez
- Year 1:** Alexa Antonino, Michael Geagea, Mikayla Hamilton, Achien Yor
- Year 2:** Alaina Bucad, Annabeth Fletcher, Alana Maroky, Milia Yalda
- Year 3:** Cesar Al Qassab, Catherine Lazar, Mathyos Odeesho, Adam Rafooraha
- Year 4:** Thomas Achen, Nyibol Diing, Tima Fagalei, Stellios Maroky, Thomas Yousif
- Year 5:** Gilliana Casidsid, Daniella Ealeya, Jason Hermiz, Kenzen Minagawa
- Year 6:** Angel Boniba, Miguel Magcalayo, Iden Shammo, Ajah Tuil

Legal Requirements in regard to Absences from School

In the event of your child being absent from school due to illness, please inform the school office by telephone or email. **A written note of explanation must be provided to the class teacher on your child's return to school.**

It is a legal requirement that all absences be explained in writing within 7 days from the date of absence.



We appreciate your support in regard to this matter.



Nutrition Snippet

The simplest way

... to swap to healthy snacks

Foods packed in the lunch box contribute significantly to a child's overall diet. It is important to try and keep unhealthy treat foods out of the lunch box. Try these healthy swaps:

| Swap this | For this |
|-----------------------|-------------------------------|
| Chips | Plain popcorn |
| Chocolate bar | <u>Homemade bliss balls</u> |
| Sweet biscuits | Raisin bread |
| Fruit roll ups/sticks | Tub of canned fruit |
| Lollies | Dried fruit |
| Flavoured biscuit | Crackers with cheese |
| Commercial muffins | <u>Homemade fruit muffins</u> |

For snack ideas visit healthylunchbox.com.au

healthylunchbox.com.au

Apple & Date Muffins

Ingredients:

- 3 Medium Apples
- 1 Cup boiling water
- 50g Margarine
- ¾ cup brown sugar
- 2-3 tsp mixed spice
- 1 egg
- 1 rounded tsp baking soda
- 1 rounded tsp baking powder
- 2 cups plain flour (white or wholemeal)



Method:

Pre-heat the oven to 180°C. Prepare muffin tins by greasing with margarine or spraying with oil.

Chop apples and dates, then add boiling water, margarine and sugar. Mix until the margarine has melted and the sugar dissolved.

When fruit mixture is warm, not hot, add spice and egg and mix well. Add the baking soda, baking powder and flour. Mix in, but do not over beat once flour goes in. If the final mixture is too dry, add a little milk.

Spoon into muffin tins allowing mix to rise about 50% and bake immediately for 15 minutes or until the top is golden and springs back when touched.

