

Heart To Heart

Newsletter Of Sacred Heart School Mount Druitt South

Term 1 - Week 6

SAFE

RESPECTFUL

RESPONSIBLE

3 March 2021

Dear Parents and Children,

Next week is Catholic Schools Week. The theme for this year is *Celebrating 200 Years of Catholic Education*. I know you join with me in thanking the staff for the wonderful work they do at Sacred Heart, not only during Catholic Schools Week, but every week, every day. We have a solid well deserved reputation for being a highly effective school. This reputation is built upon high expectations, focused teaching, engaged learning, a positive school environment and effective home/school links.

Our celebration for Catholic Schools Week will depend upon COVID-19 restrictions. **At the moment parents are still not permitted on site for Liturgies and Assemblies.** This means parents will not be able to attend the Catholic Schools Week Liturgy. Should this restriction change we will inform you.

Athletics Carnival

Our Primary Athletics Carnival will be held on Tuesday, 9th March at Blacktown Sportspark Eastern Road. Students in Years 2 - 6 will be participating in the Athletics Carnival. Our wonderful Sports Coordinator, Mrs Penton, has sent home information about the carnival. **Due to COVID restrictions parents are not permitted to attend the carnival.**

Cross Country

Our school Cross Country will take place on Tuesday, 16th March, around the school grounds. The 8, 9 and 10 year olds run 2km and the 11, 12 and 13 year olds run 3km. Students wear sports uniform and school hat and bring a water bottle. Asthmatics need to ensure they have medication at school.

National Assessment Program Literacy and Numeracy (NAPLAN)

Early next term Year 3 and Year 5 students will be involved in this nationwide standardised assessment. The assessments will take place between 11th - 20th May. It is very important all Year 3 and Year 5 students attend school on each of these days.

Importance of Attendance

For students to succeed at school it is very important that they are at school every day unless they are sick. If a student misses one day of school a fortnight it will add up to missing 1 year of school over the course of 12 years of schooling! Every day counts!

School Commencement and Finishing Times

School commences at 8.50am and concludes at 3.00pm. Any child that arrives after this time or leaves school earlier for an appointment etc will need to do so through the office. It is very important that your child arrives at school on time. Children arriving late to school or leaving early, miss out on valuable learning time and this disrupts their fellow students. If your children are late to school, they are to be escorted to the School Office by a parent/carer.

A Good Nights Sleep

It is also very important that students have enough sleep every night to prepare them for the following day's learning. Students cannot maintain concentration if they have not had enough sleep as there is no opportunity for 'rest periods' during the day. On occasion we hear from students that they have not gone to bed until the early hours or they have been playing electronic games until late in the night. These students will not learn the next day.

Calendar

Thurs. 1st April: Term 1 Ends

Mon. 19th April: Staff Development Day (Pupil Free Day). No school for students.

Tues. 20th April: Term 2 Begins

Fri. 25th June: Term 2 Ends

Family Reflection

*Your words, Lord, are spirit and life;
You have the words of eternal life
John 6: 63, 68*

God Bless

Mr Glenn Patchell
Principal



SCHOOL PHOTO DAY

FRIDAY, 19th MARCH

Full summer school uniform to be worn.

Envelopes have been sent home and we ask that you please return your completed envelope, as quickly as possible.

Panthers' NRL Clinics





TOO SICK FOR SCHOOL?

As we head into the cooler weather, it is timely that we remind you of some guidelines about when to keep children home from school. **Generally, if your child feels unwell, keep them home, consult your doctor if necessary and send a note with your child on their return to school.** Children who are sick, will be sent home.

Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	Keep your child home until they are feeling better. Antibiotics may be needed.
Diarrhoea	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	Keep your child home for at least 24 hours after diarrhoea stops.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	Keep your child home for at least 24 hours after diarrhoea and/or vomiting stops.
Hayfever	Sneezing, a blocked or runny nose, itchy eyes, nose and throat, headaches	Unless they feel unwell or are taking a medication which makes them sleepy, children can still attend school.
Head lice or Nits	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	Do not send to school until treated. Treat head lice each night and treat the rest of your family. Advise the school.
Influenza (Flu)	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	Carry out a COVID test and provide results before children return to school. Keep children home until they are symptom free.
Common Cold	Runny nose and cough—no fever.	Carry out a COVID test and provide results before children return to school. Keep children home until they are symptom free.

SCHOOL ZONE OFFENCES

WHAT ARE YOU RISKING? *

FACT Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need **YOU** to take extra care when driving and parking around school zones.

NO PARKING
No waiting. You have 2 minutes to drop-off or pick-up. You must stay within 3 metres of your vehicle.

PEDESTRIAN CROSSING
1. In a queue of traffic, no part of your vehicle can stop on a pedestrian crossing.
2. Do not let your child in or out of a vehicle at a pedestrian crossing as this is a No Stopping zone.

DRIVEWAYS & FOOTPATHS
Do not park on or across a driveway or footpath.

U TURNS
U turns are illegal on or near a pedestrian crossing and across a double white line.

DOUBLE PARKING
Double parking is illegal and is very dangerous in a school zone.

NO STOPPING
You must not stop on a length of road with a no stopping sign. The first 10 metres from an intersection is a no stopping zone. Yellow kerb lines are also a No Stopping zone.

BUS ZONE
Only a public bus can stop in a bus zone.

MOBILE PHONES
Extra fines apply for using a mobile phone in a school zone. May be subject to Double Demerits.

SPEEDING OFFENCES
40km/h is the limit. Children are vulnerable, so slow down in school zones.

*Fines current as of 25 November 2019. Fines and demerit points are subject to change. For more information check out the NSW Centre for Road Safety website.

NEW PARKING RULES - EDITH STREET -

Parents may have noticed the new parking restrictions in **Edith Street** (just off Nelson Street). **From 8:00am until 9:30am each school day**, parents can only pull up and drop off children in the newly marked area. Parents are not permitted to park or leave their car.

Parking is only permitted in this area in the afternoon.

Don't risk a fine. A number of parents have already been fined for parking and other driving offences.



Friday Assembly Awards

- Kindy:** Miyuki Grace Cacapit, Madonna Khammo, David Onipe, Malak Al Eesa, David Goro, Adhel Aher, Jerome Daher, Marsyano Agid
- Year 1:** Riel Machok, Dehira Dekuan, Nneoma Ikiakor, Laurel Merjudio, Jared Centino, Sifimeta Kilifi, Lilly Helm, Akuien Chol
- Year 2:** Hunter Stephenson, Sophia Demetriou, Elizabeth Onipe, Jack Helm, Achien Yor, Kathalina Young, Kenjia Minagawa, Emmanuelle Balmeo
- Year 3:** Charbel Chahine, Elissa Hakoum, Mary Kako, Elyse Santos, Kosmo Fakatava, Noel Koji, Reya Singh, Savannah Flavell
- Year 4:** Chelsea Vella, Dut Wol, Stewart Essho, Levin Magcalayo, Angelina Dawood, Dekuan Dekuan, Isioma Michael, Pitawat Aye
- Year 5:** Leigh Gile, Ivan Kotarac, Peter Yousif, Kyrillos Mousa, Matea Lapan, Gabriella Kalifih, Lual Chol, Atkin Maroky
- Year 6:** Eizel Merjudio, Jacque Tangka, Flona Butrus, Ivyanna Bonavolonta, Gilliana Casidsid, Andrei Sanchez, Amos Odejar, Eloise Delacruz

PBS4L Awards

- Kindy:** Gloria Akok, Sirina Al Qassab
- Year 1:** Lilly Helm, Dehira Dekuan
- Year 2:** Maryam Waleed, Gai Thoc
- Year 3:** Reya Singh, Zianne Magsakay
- Year 4:** Amaya Buenaventura, Alam Tuil
- Year 5:** Noelle Antonino, Greyson Nio
- Year 6:** Rodney David, Gian Magcalayo

PARENTS, PLEASE NOTE ...

Recently the front office staff have again experienced difficulties with family members trying to sign children out, without the prior consent of parents. Please note that if someone other than a parent or guardian is picking your child up from school early, you must either **telephone the office or send a note** with your child to advise us of:

- The name of the person who will be collecting your child
- The time your child is to be collected and,
- The reason why your child is leaving early.

This precaution is for the safety and wellbeing of your child and applies to everyone—including grandparents and siblings.



Harmony Week is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it.

The message of Harmony Week is '**everyone belongs.**' It is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

Sacred Heart will be celebrating this important week through lesson plans with a diversity focus that will create opportunities for students to think, talk about and recognise how our differences make Australia a great place to live.

There will also be a whole school event on:

Monday 22nd March,

where students are invited to come to school wearing their traditional cultural dress. Children who do not have a cultural dress or want another option can wear items of clothing in the colour orange.

We are also asking for a **gold coin donation** on this day to support our fundraising for Project Compassion and the work that Caritas do to promote the wellbeing of people living in poor and marginalised nations.

More information about this event will be sent home at a later date.

Dolly Parton Imagination Library



**ENROLL
YOUR CHILD
NOW!**

***Do you have a child
who is 0-4 years old
and lives in
Mt Druitt 2770?***

If you answered **Yes** to both of these questions then your child may be eligible to receive a **free book** each month courtesy of The Dolly Parton Imagination Library.

To sign up please collect an enrolment form from the Sacred Heart Office, complete and return it to start receiving books.

For more information you can contact Mr Brewer.